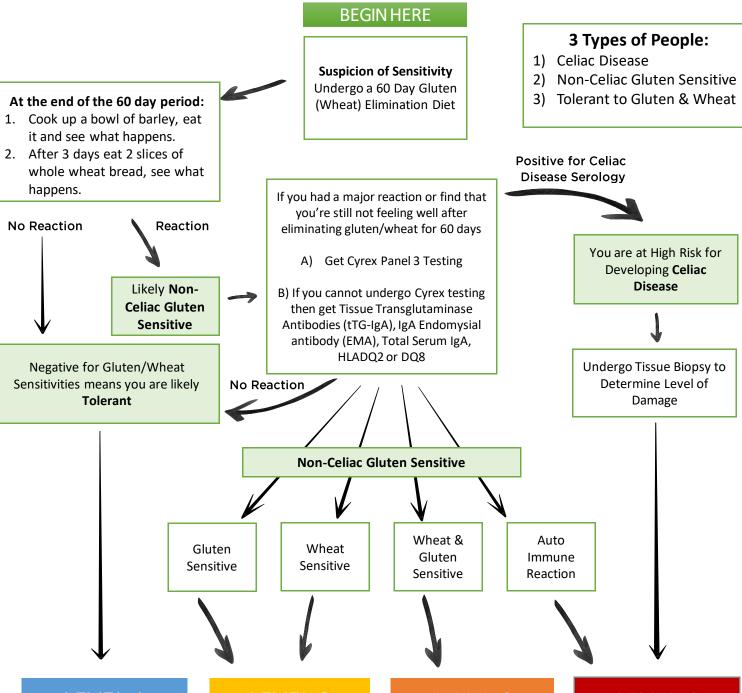


Wheat & Gluten Sensitivity Testing



LEVEL 1

Continue eating a healthy diet that consists of fruits, vegetables, healthy meats, fish and poultry with a small amount of grains.

LEVEL 2

Reduce Gluten and/or Wheat from your diet. Less than 20% of your diet should contain Gluten or Wheat

LEVEL 3

You're at higher risk of developing disease. Consider eliminating Wheat & Gluten from your diet.

LEVEL 4

Eliminate all forms of Gluten/Wheat from your diet. Long term exposure will result in disease and mortality.